PATIENT INFORMATION

Abortion Services in Grampian: Your ACCESS Appointment

What to expect when you contact our service because you are considering an abortion.

Your first steps

1 **Complete the online questionnaire**

We will ask you to fill this out before your appointment. It is really helpful if you can complete it.

2 **Have a telephone appointment**

We will discuss your options and plan the next steps with you.

3 **Attend clinic if needed**

You may need a face-to-face clinic appointment and a scan before going ahead with any abortion treatment.

If you need a clinic appointment

- Scans will usually need to be **vaginal scans**.
- You **do not** need to have a full bladder.
- You may need blood tests.
- You will be offered testing for sexually transmitted infections (STIs).

Choosing the right treatment for you

If you choose to go ahead with an abortion, the most suitable treatment may depend on:

Your preference	Your gestation (how far along the pregnancy is)	Your medical history

Your healthcare team will discuss the available options with you.

Read more about types of abortion procedures

www.grampiansexualhealthservices.com

This leaflet gives general information about the ACCESS appointment pathway. Your healthcare team will explain what applies to your own care.