

How can we help you?



Where?

Aberdeen

Elgin

Fraserburgh

Peterhead

To learn more about your **free** and **confidential** Sexual Health Service, visit the website or give us a call.

Scan here to
find out more →



grampiansexualhealthservices.com
0345 337 9900

A safe space to talk about your concerns,
get advice and pick up supplies.

Under 18s Drop-In Clinic

Aberdeen Health Village

You can walk in, or phone and
book ahead. **0345 337 9900**

Scan here for
opening times and
further information →



Free Condoms and Lube

Scan here to
find condoms
near you →



Contraception

Information, advice
and supplies.



Emergency Contraception

Pill

(Three to five days to
take, depending on pill).

Available free from
most pharmacies.

or

Copper Coil

(Five days to get, after
unprotected sex).

If you think you may need
emergency contraception
get in touch **as soon as
possible** or ring NHS24
(111) out of hours.

Testing & Treatment

For sexually transmitted
infections (STIs) and blood
borne viruses (BBVs).

Pregnancy

Unplanned pregnancy
advice and discussion
about your options.
If you have an unplanned
pregnancy or think you
might be pregnant, contact
us ASAP on **01224 655535**.

Advice About Preventing HIV Infection

PrEP

HIV Pre-
Exposure
Prophylaxis

PEP

HIV Post-
Exposure
Prophylaxis



If you need **PEP** when
we're not open call
NHS24 **(111)** ASAP.