

ur positive voice... GRAMPIAN

A forum for people living with and affected by HIV

HIV - If someone is on effective treatment
they can't pass it on

U = U

Undetectable

Untransmittable

- When treatment is taken as prescribed - usually just one or two tablets a day - it can reduce the level of the HIV Virus in the blood to such a low level that it is **Undetectable**.
- When the virus level reaches an **Undetectable** level for six months the virus is **Untransmittable** - it can't be passed on to others.
- This is known as **U = U, Undetectable = Untransmittable**.

For further information, contact:

@ info@ourpositivevoice.org www.ourpositivevoice.org

☎ 01224 968468